



## Hypnotherapy

# Hypnotherapy Diploma

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## What will the Hypnotherapy course give me?

Attending the course will provide you with the ability to:

- Craft powerful hypnotic scripts that are specific to your client's needs and desired outcomes, based on a client history.
- Direct your clients to a place where they are fully aware of what modern hypnosis is and what is achievable with it.
- To help your client access a state whereby they are engaged and open to the process ahead.
- Discover a variety of methods that can be used for different clients in order that trance is achieved in the most appropriate way for the individual. This approach prepares you for the variety of clients you will encounter, each with their own unique unconscious.
- Learn about post-hypnotic suggestion and how this can be used at the end of a session to take the clients into a beneficial state that will last well beyond their time with you.
- Find out how you can achieve self-hypnosis to give yourself all the benefits of this gentle and far reaching process.
- Enter trance yourself several times on the course as you learn through hands on practical sessions.

## What will be covered on the course?

Behaviours of the Conscious and Unconscious mind.

Rapport and the Therapist/Client interaction.

Background on Milton Erickson and Dave Elman.

Setting Session goals.

Suggestibility Tests.

Induction options.

Deepeners.

In session suggestions.

Post-hypnotic suggestions.

Metaphor and Milton.

Contraindications.

Other reading and Registration.

A portfolio of learning resources is included within the price of the hypnotherapy course and is yours to keep and work from.

Our training is a combination of experiential learning, cognitive dissonance, demonstration and practice with direct input and feedback from the trainers, and you will also work in small groups exploring and practicing the topics interactively.

### Certification and accreditation

The course is specifically designed as a two day add-on to your certified NLP Practitioner course; you should complete your NLP Practitioner course before attending this Hypnotherapy course. In addition to this two day course you are expected to engage in some self-paced learning, this should equate to around 70 hours, and be a mixture of research, study and practice. This course is delivered as a Diploma by Ellice Training Limited to enhance and extend your NLP Practitioner skills.

### Reserving your place

We limit this course to small numbers to preserve the close relationship we want to foster during the training and of course this means that spaces sell out very quickly. We recommend that you book early to ensure your place. If you would like to discuss coming on the Hypnotherapy course further, we would be delighted to hear from you.

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0844 478 1NLP

[www.ellicetraining.co.uk](http://www.ellicetraining.co.uk)

### Payment options

You can choose to pay in the following ways;

#### BACS payments

- \* Full payment by BACS, we will send you an invoice with our account details.
- \* 50% deposit by BACS, followed by the balance One Calendar Month prior to the start date.

*Please note when booking less than One Calendar Month prior to course start date, payment needs to be made in full to secure your attendance on that course.*